

Jessalyn Finch

Installation Artist and Mindfulness Instructor

Creating contemplative large-scale art installations that explore the intricacies of our relationship with the human body and mindfulness training.



jessalynfinch@gmail.com



(507) 272-8068



Rochester, MN



www.JessalynFinch.com



instagram.com/@wakestlife



EDUCATION

Master's of Science in Project Management Walden University

2013 - 2015

Minneapolis, MN

Bachelor's of Science in Fine Arts/Eastern Philosophy

University of Wisconsin-La Crosse

2007 - 2012

La Crosse, WI

GRANTS/RESIDENCIES

Artists in Residence (2020 - 2021)

Threshold Arts, Rochester, MN

Emerging Artist Grant: "Shadowform" (2018 - 2020)

Southeastern Minnesota Art Council

International Undergraduate Research Grant "Primitivism" (2011)

University of Wisconsin-La Crosse, Costa Rica

International Undergraduate Research Grant "Renaissance" (2010)

University of Wisconsin-La Crosse, Italy

SOLO EXHIBITIONS

"Paper Doll" (05/2023 - 06/2023)

125 Live, Rochester, MN

"Oracles of Even Hotel" (10/2022)

EVEN Hotel, Rochester, MN

"Heron's Hunt" (08/2022)

Rochester Art Center, Mayo Park, Rochester, MN

"Shadowform: The Human Body's Secret Life" (08/2022)

Threshold Arts, Chateau Theatre, Rochester, MN

"Maskquerade" (06/2021)

Rochester Art Center, Rochester, MN

"Shadowform: The Human Body's Secret Life" (01/2020 - 03/2020)

Rochester Art Center, Rochester, MN

GROUP EXHIBITIONS

"Little Shop of Horrors," Studs, Struts, and Stilettoes (04/2023)

Mayo Civic Center, Rochester, MN

"Woman in Screen" (01/2023 - 02/2023)

Smallart Gallery, Rochester, MN

"Meditations," Art Attack (10/2022)

Chateau Theatre, Rochester, MN

"Salem," Studs, Struts, and Stilettoes (10/2021)

Mayo Civic Center, Rochester, MN

"Mutations," I Made This: A Fashion Show (08/2021)

ArtHeads, Rochester, MN



IN THE NEWS

Artist Interview

**"10 Questions with Jessalyn Finch," Al-Tiba9
Contemporary Art Magazine**

11/2023

International Publication

Exhibition Highlight

**"Photos: Studs, Struts, and Stilettoes Fashion Expose,"
Post Bulletin**

04/2023

Rochester, MN Publication

Exhibition Highlight

**"Rochester artist creates living sculpture exhibition,"
ABC 6 News**

10/2022

SE Minnesota News

Exhibition Highlight

**"Walk with an Artist even comes to life in Rochester,"
ABC 6 News**

08/2022

SE Minnesota News

Artist Interview

**"The Change Makers: Stories that Inspire, Jessalyn
Finch," Voyage Minnesota Magazine**

09/2023

Minnesota Publication

Exhibition Highlight

"Art Attack in Med City," ABC 6 News

10/2022

SE Minnesota News

Artist Interview

**"From wearable art to 'naked' works, Rochester artist
Jessalyn Finch creates experiences"**

09/2022

Rochester, MN Publication

Artist Interview

"Your Style: Jessalyn Finch," Post Bulletin

04/2020

Rochester, MN Publication